



THE FUTURE STARTS WITH YOU

Student Facilitator: Ryan DiCostanzo

COR 101-814

Instructor: Cheryl Hines

TOPIC: WHAT TO DO AS A PRE-MAJOR (UNDECIDED) STUDENT

❖ For the topic of being a pre-major, I revealed to students the different steps and resources they can use as an undecided student, not knowing what major or career they want to do in the future

❖ Topics Covered:

- Benefits of being a pre-major
- What can you do as a pre-major?
- ADV 200 Class (Career and Exploration)
- SUNY Cortland Offices and Resources

PURPOSE

- ❖ My class specifically had students who were all pre-majors coming into their freshman year here at SUNY Cortland
- ❖ This lesson was planned and taught three weeks before class registration
- ❖ Not only this, but I wanted to share my OWN experience as I used to be a pre-major when I was a freshman
 - I wanted to explain to the students that it is OKAY to not know what they want to do, as they still have time to explore the various options Cortland has to offer

WHY IS IT IMPORTANT?

- ❖ It reveals the complexity of choosing a major, but that there are no wrong decisions
- ❖ For first year students, this lesson helps prepare them for class registration
- ❖ College can be stressful and anxiety-ridden, I want this lesson to provide information and resources that help point students in the right direction

PART 2: THE LESSON

PRESENTATION MATERIALS

❖ On this slide and the next one, are a preview of slides I presented my students with tips and resources they can use when considering a major and career path

COR 101 What To Do As A Pre-Major/ Undecided Student

File Edit View Insert Format Slide Arrange Tools Add-ons Help Last edit was on October 11

Background Layout Theme Transition

1 What To Do As A Pre-Major/ Undecided Student

2 Benefits of being a pre-major

3 What can you do as a pre-major?

4 All You, Major and Career Exploration (Spring 2022)

5 What Resources can you use?

6 Advancement and Transition Office

Click to add speaker notes

What can you do as a pre-major?

- 1) **TAKE YOUR TIME**
- 2) Take classes (electives) that interest you for a possible career/major
- 3) Attend different clubs, talk to professors/friends
- 4) Talk to your advisor, see your progress and where you stand academically

COR 101 What To Do As A Pre-Major/ Undecided Student

File Edit View Insert Format Slide Arrange Tools Add-ons Help Last edit was on October 11

Background Layout Theme Transition

1 What To Do As A Pre-Major/ Undecided Student

2 Benefits of being a pre-major

3 What can you do as a pre-major?

4 All You, Major and Career Exploration (Spring 2022)

5 What Resources can you use?

6 Advancement and Transition Office

Click to add speaker notes

Benefits of being a pre-major

- Use your general education requirements and electives to explore academic disciplines
- Allows students to learn about themselves, understand our wide array of academic majors, and make decisions with confidence
- Make progress toward on your degree while you decide your major

COR 101 What To Do As A Pre-Major/ Undecided Student

File Edit View Insert Format Slide Arrange Tools Add-ons Help Last edit was on October 11

Background Layout Theme Transition

1 2 3 4 5 6 7 8 9

Degree Works

via myRedDragon

- What classes do you still need for GE requirements?
 - TAKE ADVANTAGE of them NOW
 - Track your progress (credits/GPA/requirements)
- "What-If" Option
 - See what classes are required for the major you choose

Click to add speaker notes



☆ 📄 🌐

Help Last edit was on October 11

Layout Theme Transition

2 3 4 5 6 7 8 9

4 ADV 200 Major and Career Exploration (Spring 2022)

5 What Resources can you use?

6 **Advisement and Transition Office**

7 Career Services

8 Course Schedule

9

Click to add speaker notes

Advisement and Transition Office

Located in:
Memorial Library

8 a.m. - 4:30 p.m.
Monday - Friday

Helps Plan:

- Class Registration/Schedule
- Choosing a major

Assists students in:

- Academic plans
- Course selection/Schedule Planning
- Academic success
- Career Decisions

Click to add speaker notes



METHODS

- ❖ At the end of the lesson, I had the students play a Kahoot that I created, which had questions retaining to what I went over, this also served as a great way for participation and attendance
- ❖ After the Kahoot, I assigned the students for homework to complete and respond to a Microsoft Form I created

LEARNING OUTCOMES AND OBJECTIVES

- ❖ One of the biggest takeaways I wanted my students to have the idea that it is OKAY to not know what they want to do for a major or career
 - With this lesson, I aimed towards the concept that they still have time to explore different possibilities without the fear of choosing the "wrong" one
- ❖ The goal of this lesson was to ensure students that they have nothing to stress about by being a pre-major
 - By sharing my own experience, I wanted students to know that they are not alone in this experience and if anything, it is the best position to be in as a college freshman still exploring

1. Name

Enter your answer

2. How are enjoying SUNY Cortland?

Enter your answer

3. Do you know what you want to major in?

- Yes
 No idea
 Maybe, not sure yet

4. Do you know what you want to do for a career? If yes, please explain

Enter your answer

5. Do you feel stressed or anxious about being a pre-major?

Enter your answer

6. Are you interested in taking ADV 200? (Major and Career Exploration)

- Yes
 No

7. Did you learn anything useful in the presentation today?

Enter your answer

8. Is there anything specific you would like me to talk about in a future class?

Enter your answer

9. On a scale of 1-5, how useful was this presentation to you?

- 1 2 3 4 5

ASSESSMENT

- ❖ On the left is a screenshot of the Microsoft Form that I had my students fill out after class to see any feedback or comments
- ❖ Questions asked them if they learned anything new as well as asking if there was anything specific, they want me to cover next time
 - *Examples of actual feedback is seen on the next slide*
- ❖ I wanted to use this assessment to grade myself as a presenter, but also see if there was anything I saw in common in the answers that I could cover for the next class

FEEDBACK

7. Did you learn anything useful in the presentation today?

Yes it was nice to hear that you went through a few majors before finding something that suited you

0 / 0 pts
Auto-graded



7. Did you learn anything useful in the presentation today?

Yes I learned about more majors that are available that I didn't know about

0 / 0 pts
Auto-graded



8. Is there anything specific you would like me to talk about in a future class?

No not at the moment

0 / 0 pts
Auto-graded



8. Is there anything specific you would like me to talk about in a future class?

No, presentation was great

0 / 0 pts
Auto-graded



9. On a scale of 1-5, how useful was this presentation to you?

1 2 3 4 5

0 / 0 pts
Auto-graded



9. On a scale of 1-5, how useful was this presentation to you?

1 2 3 4 5

0 / 0 pts
Auto-graded



9. On a scale of 1-5, how useful was this presentation to you?

[More Details](#)

15
Responses

4.47
Average Number

+

●

○

REFLECTION

- ❖ I am grateful that I had the opportunity to teach this lesson to my students because it allowed me to share my own experience as an undecided freshman student
 - ❖ Including relevance added importance as I wanted the students to understand being undecided in college is completely normal
- ❖ It was very interesting to go through the various offices that SUNY Cortland has to offer, as my entire lesson was planned through Cortland's resources
- ❖ As an education major, it was a great way of preparation as I am beginning to student-teach soon
 - ❖ I have learned the importance of engaging a classroom and how to make a lesson entertaining yet informative for everyone in the classroom